

## Covid-19 protocols at China Ridge Trails as of October 21, 2021

1. All trails remain open for use.
2. Each user is responsible for their own safety and for following established provincial health guidelines including:
  - staying home if they are feeling unwell, have covid-19 symptoms, have been in contact with anyone that has covid-19, or have been out of the country in the last 14 days. For more info, please refer to the BC Covid-19 Self Assessment Tool at <https://bc.thrive.health/>
  - maintaining and respecting individual personal space
  - practising proper hand hygiene
  - covering their mouth /nose with the crook of their elbow should they sneeze or cough
3. Masks are mandatory in the Longhouse, and the China Ridge Cabin. Maximum capacity for these buildings:
  - a. Longhouse: 3 individuals or 1 household
  - b. China Ridge Cabin: 2 individuals or 1 household
4. All other shelters are considered open air shelters – masks are not mandatory, but please practise responsible social distancing and do not enter if you unable to maintain adequate distance